



Light bulb moment

Switch to using LED bulbs. LEDs are 80% more efficient and can last 30 times longer than traditional halogen light bulbs.* [Source](#)

Light bulb moment

You could save between £35 and £150 a year by switching to LED bulbs.* [Source](#)

Light bulb moment

You could save £25 a year by switching off the lights when you leave the room.* [Source](#)

Shower and save

Swapping one bath for a shower and trying to keep it to 4 minutes long will reduce your water usage and save you around £70 a year on your energy bills.* [Source](#)

Cool it and save

Washing clothes at 30°C rather than at higher temperatures will save around 40% of the energy used each year.* [Source](#)

Put a lid on it

Cooking with a lid on a pan uses 30% less energy than cooking with the lid off.* [Source](#)

Fill . Use . Save . Repeat

Only using your washing machine, tumble dryer or dishwasher when they're full will save around 14% of the energy you use.* [Source](#)

It all boils down to saving money

By not filling your kettle to the top and only boiling as much water as you need, you will typically save £43 a year and enjoy a brew around 8 minutes quicker!* [Source](#)

Don't be a drip

Fix leaky taps; in just one week a leaking tap wastes enough water to fill half a bath.* [Source](#)

Don't standby and waste money

Switching your appliances off at the plug instead of leaving them on standby will save around £35 a year.* [Source](#)

Win lose or draw

Drawing your blinds and curtains at dusk can reduce heat loss from your home by up to 17%.* [Source](#)

Drop it like it's hot

Turning down your main thermostat by 1°C will save you 10% on your energy bills.* [Source](#)

Go with the flow

Reducing your heating flow temperature on a combi boiler can save up to £160 per year on your gas bills.* [Source](#)

Drop it like it's hot

Turning down your thermostat from 20°C to 18°C will reduce your annual gas bill by 25%.* [Source](#)

Cool it and save

Reducing the temperature on your hot water cylinder to 60°C could save you £26 on your gas bill.* [Source](#)

Window of opportunity

Adding window film to your windows could save you £43 a year on your energy bills.* [Source](#)

Top it all off

Topping up your existing loft insulation could save you £81 off your household bills.* [Source](#)

Stop stalling! Install and save

Installing a smart thermostat will automatically adjust your heating temperature, saving you around £64 a year on your household bills.* [Source](#)

Less is more

Adjust radiator valves in less-used rooms to 1.5°C cooler than your living room to save £68 on your energy bills.* [Source](#)

Don't be draught

Effectively draught-proofing your letterbox, windows and doors could save you £60 a year on your energy bills.* [Source](#)

Keep your head held high

By using an efficient eco-shower head you could save £100 a year on your bills.* [Source](#)

Just the fit

Fitting a smart thermostat could save you between 14-31% on your energy bills* [Source](#)

Make a turn for the better

By investing in thermostatic radiator valves you can save 19% on your energy bills* [Source](#)